

# LEXIE'S LIST

Current list of videos that I've used in my 12 Sex Ed lessons for IDD (self-contained) classrooms:

## Lesson 0: Introduction to Sexual Health Unit

None

## Lesson 1: Sexual and Reproductive Anatomy

[Male-Assigned Anatomy](#)

[Female-Assigned Anatomy](#)

## Lesson 2: Who I Am and Who I Like

[Gender](#) (not Amaze)

[Sex Assigned at Birth](#)

[Gender Roles and Stereotypes:](#)

[What Are Pronouns?](#)

[What Is Sexual Orientation?](#)

[Sexuality, Faith, and Culture](#)

## Lesson 3: Types of Relationships and Boundaries

None

## Lesson 4: Healthy Relationships

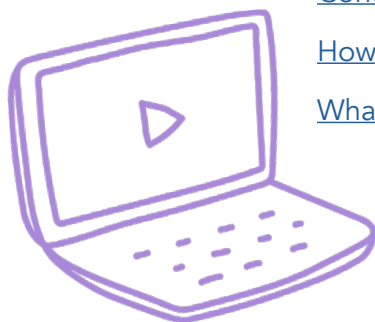
None

## Lesson 5: To Date or Not to Date

[Being Safe on the Internet](#)

## Lesson 6: Types of Sex

[Are You Ready To Have Sex?](#)



## Lesson 7: Sexual Decision Making

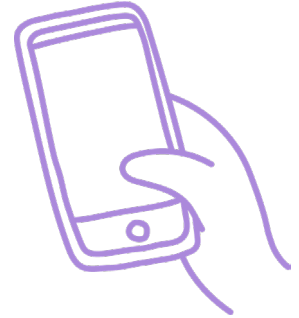
[Understanding Sexual Consent and the Law](#)

[What Is Abstinence?:](#)

[Are You Ready To Have Sex?](#)

[How Do I Go In for the First Kiss?](#)

[Maybe Doesn't Mean Yes](#)



## Lesson 8: What If...?

[How Do You Get Pregnant?](#) (not Amaze)

[Pregnancy and Reproduction Explained](#)

[What Are the Stages of Pregnancy?](#)

[What Is an Abortion?](#)



## Lesson 9: Know Your Options

[Birth Control Basics: Condoms, the Patch, the Pill](#)

[LARCs](#)

[Condoms: How To Use Them Effectively](#)

## Lesson 10: Planning and Protection: Avoiding or Managing STIs

[What Are STDs?](#)

[STI and STD Stigma](#)

## Lesson 11: Creating Condom Confidence

[Condoms: How To Use Them Effectively](#)

[How To Put On a Condom](#) (not Amaze - WebMD)

[What Is a Female Condom](#) (not Amaze)